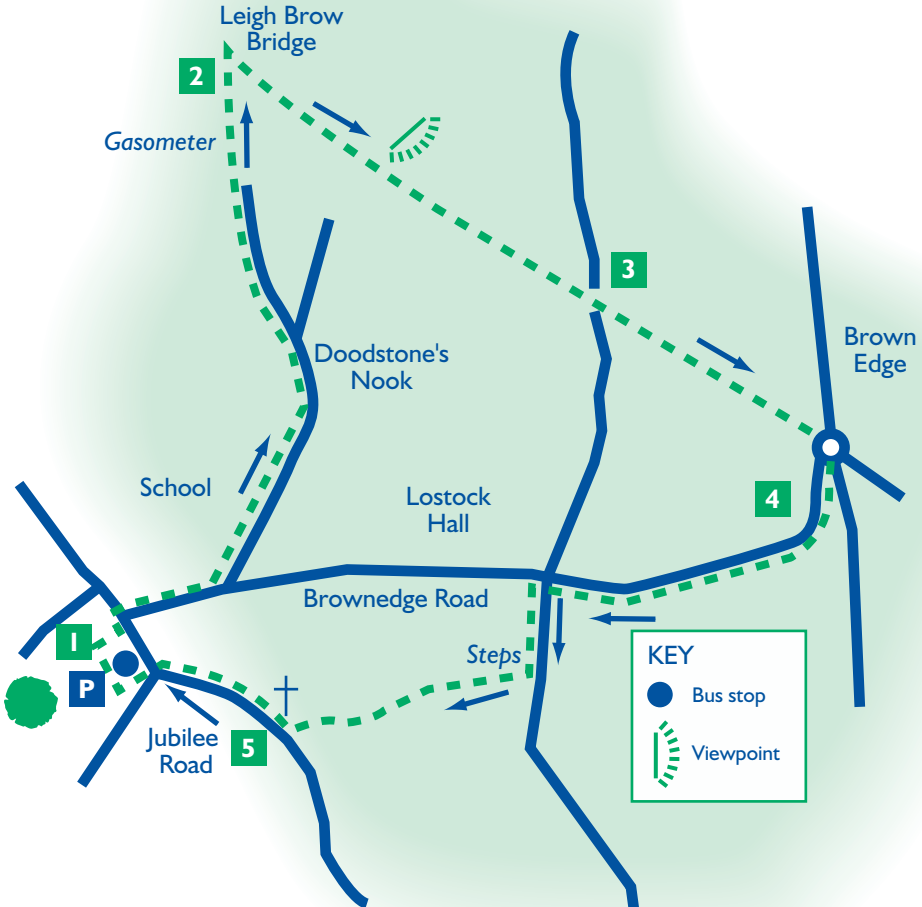


Health walk from Lostock Hall

2.5 miles



Scale 1:25000

OS Explorer (286) Series

Please wear appropriate clothing and footwear; keep to the paths and close gates. Please keep dogs under control and clean up after them. Do not leave any litter.

Every effort has been made to ensure accuracy in preparing the walks - the council cannot accept any liability and people using the routes do so at their own risk.

About the Walk:

A flat walk on tarmac pathways with some slight inclines and one small set of steps. No stiles, 4 pedestrian gates.

2.5 miles (4kms) should take between 60 – 90 minutes approximately.

Bus stop located next to war memorial, Watkin Lane.

1 From the Car Park area between the park and rear of shops off Jubilee Road, proceed to the left of shops and find a gap between shop units to bring you out in centre of Lostock Hall. At main road turn left, then pass Post Office on left and find pedestrian crossing opposite the Tardy Gate Public House. Cross at this point then turn right and follow Browndedge Road. Continue across Lourdes Avenue with Conservative Club opposite on your right and primary school on your left. Follow footpath round to left onto Wateringpool Lane and proceed on this road to a disused rail bridge.

2 Pass under disused bridge then turn left and go through a kissing gate and onto Preston Junction Nature Reserve. Proceed up a tarmac gradient then bear left onto a flat tarmac pathway and continue (this is the old Preston Junction railway line linking Bamber Bridge to Preston).

3 When path meets road, cross and continue on other side passing pond on your right.

Proceed through kissing gate and turn right through small copse. At road junction cross over and follow footpath to right onto Browndedge Road.

4 Cross small road and continue, passing over old railway bridge, at junction with traffic lights, cross road then turn left and proceed part way up a bridge ahead to find stone steps just before crown of bridge. Go down steps (care is needed on steps) then continue with parkland on your left, pass end of roadway and continue through a ginnel then footpath following roadway to left, cross small close on left and pass a scout HQ and meet main road at junction with church.

5 Cross smaller road before junction so to be same side as church, then turn right on main road passing public house on your left. Continue to the 2nd pedestrian crossing opposite Pleasant Retreat Public House. Cross road and proceed straight ahead on Jubilee Road, after a few metres turn right to find car park.