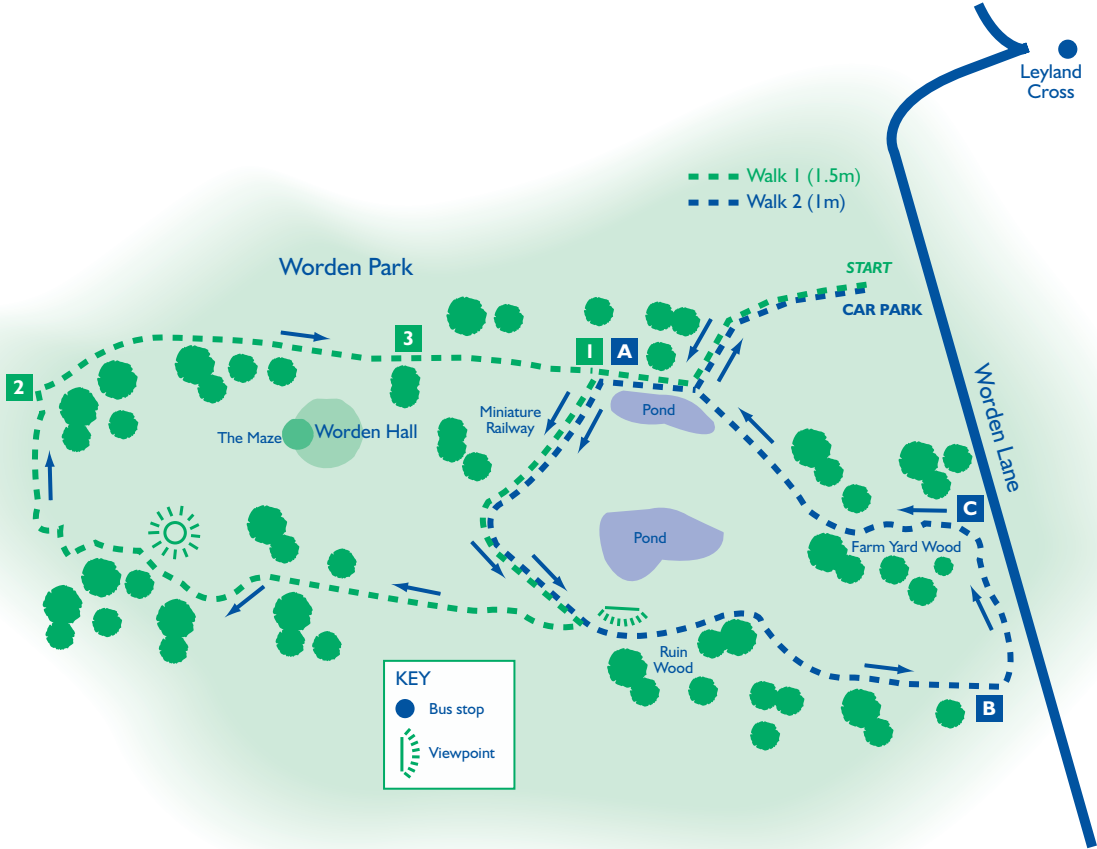


Health walk from Worden Park

1.5 miles



Scale 1:25000

OS Explorer (286) Series

Please wear appropriate clothing and footwear; keep to the paths and close gates. Please keep dogs under control and clean up after them. Do not leave any litter.

Every effort has been made to ensure accuracy in preparing the walks - the council cannot accept any liability and people using the routes do so at their own risk.

About the Walk:

Two flat walks on tarmac and stone pathways, no stiles. 1.5miles (2.4km).
Should take approximately 45 mins. Nearest bus stop: Leyland Tesco Extra.

START - From the main car park head past the large information board and flagpole. Follow the pedestrian path alongside the main drive. The path bears right at the Chain Pond. Continue until you reach the crossroads.

WALK 1 / 1.5 miles

- 1** At the crossroads turn left and walk past the miniature railway. At the sculpture turn left onto a stone path. Head down into the woods. When the path meets the stream turn right. Follow this path alongside the stream through the woods. You will cross and re cross this stream four times on wooden bridges. After the fourth bridge the path rises gently uphill and meets a tarmac path.
- 2** At the tarmac path turn right and head back in towards the centre of Worden Park. On your left there is open parkland and a children's playground on the far side of the Park. As you reach the centre of the Park you will see the old Grade 2 listed buildings that remain from the old house. These are now Arts Centre, Coffee Shop and Craft Workshops. (Feel free to explore!)
- 3** Following the main tarmac drive you will pass football pavilions and toilets. You are now at the crossroads that you came through earlier. Carry straight on to get back to the car park. Turn left to get to the playground or turn right to continue on Walk 2.

WALK 2 / 1.0 mile

- A** At the crossroads turn left and walk past the miniature railway. At the sculpture turn left onto a stone path. Head down into the woods. When the path meets the stream turn left. Follow this path beside the stream and through the woods until you reach a kissing gate by an old stone house. (This used to be a gate house for the Park and is now a private residence).
- B** Go through the kissing gate and turn left on to the pavement. Walk up the hill beside the original stone boundary wall of Worden Park until you get to an entrance with large black gates opposite a road junction.
- C** Turn in through the gates back onto the Park. Immediately on your right there is a stone path that will take you off the exit drive and allow you to walk through Farmyard Wood. Turn left to stay in the wood rather than go into the field. At the end of the wood rejoin the tarmac drive. Continue along the drive in the same direction until you get back to the Chain Pond. Turn right to return to the car park.